

# Project PROMISE

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## Project PROMISE: Providing Residential Opportunities for People Living with Mental Illness in Supportive Environments

Volunteers of America's Project PROMISE eases the transition to independent living by offering supportive residential care to people living with severe and persistent mental illness, including specialized services for those with a dual-diagnosis of mental illness and chemical addiction.

### Building Community

Project PROMISE provides a caring, community-based support system. Available on-site or on-call 24 hours a day, staff members work with residents to create a safe and supportive living environment. Residents have the opportunity to develop self-reliance, confidence and a sense of personal dignity. Here, residents are encouraged to foster new relationships and hone the skills necessary for successful community living.

### Program Services

Using the Psychiatric Rehabilitation approach, Project PROMISE staff emphasize recovery through skills development and linkage to community resources. All residents receive intensive case management according to their needs, and in close partnership with staff, create realistic, long-term plans for attaining optimum self-sufficiency. Project PROMISE helps residents:

- Learn practical life skills such as problem-solving, maintaining a home, managing finances, establishing positive landlord relations, and navigating public transportation.
- Access mental, medical and dental health care. Staff members work as advocates for residents, helping them negotiate their entitlement claims, such as Medicaid and Social Security, and ensure they receive all the medical services they require.

- Engage in a wide variety of social and recreational activities, including day-trips to museums and sporting events, games, arts and crafts projects, and cookouts.
- Obtain jobs, employment training, or continued education.

Project PROMISE operates residential facilities in Middlesex and Union Counties in New Jersey, providing housing and support to nearly 80 adults.

This program is accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF).

For more information on Project PROMISE, please contact us at:

Project PROMISE  
205 W. Milton Avenue.  
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## Getting Involved

Volunteers of America has a wide variety of volunteer opportunities.

To find out more, please call our Volunteer Hotline

at **212.873.2600, ext. 4179**

or visit [www.voa-gny.org](http://www.voa-gny.org)

